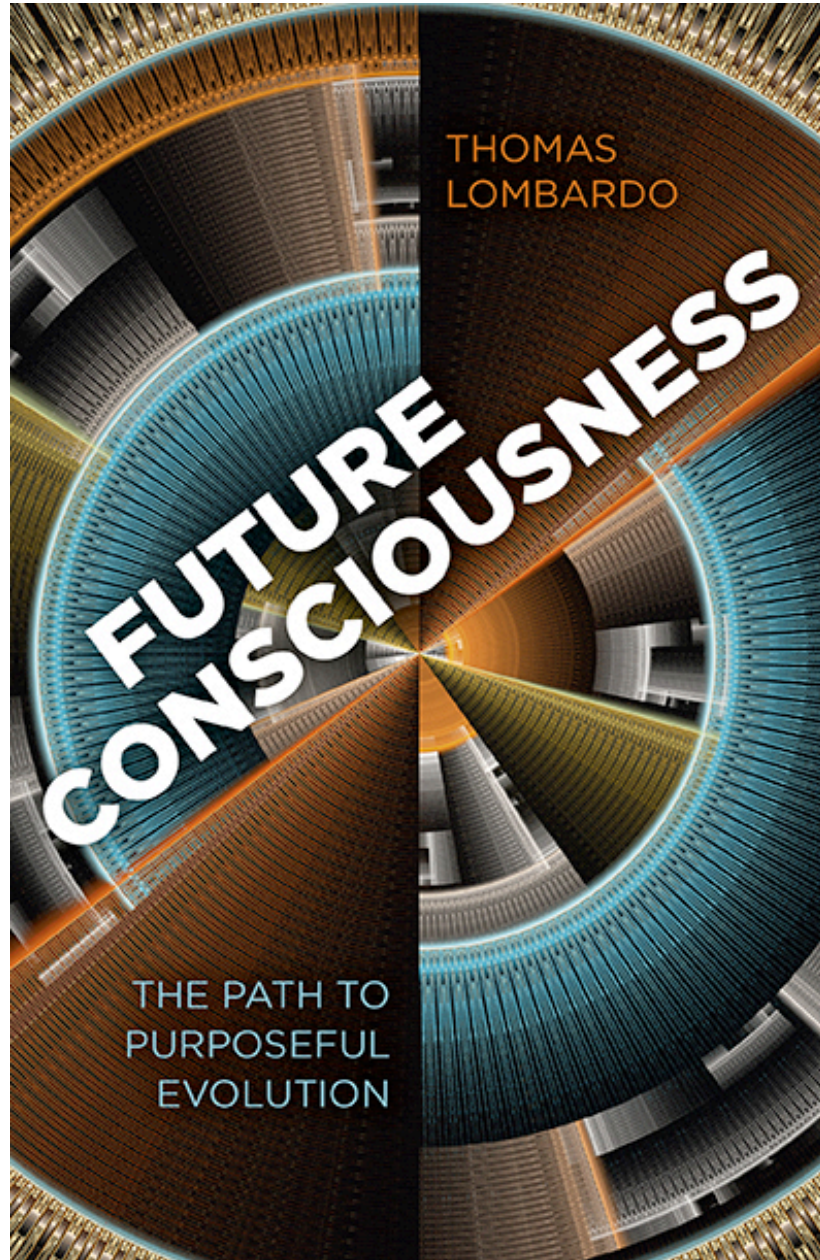


***Future Consciousness:
The Path to Purposeful Evolution***
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Introduction to Lesson Module Course of Study





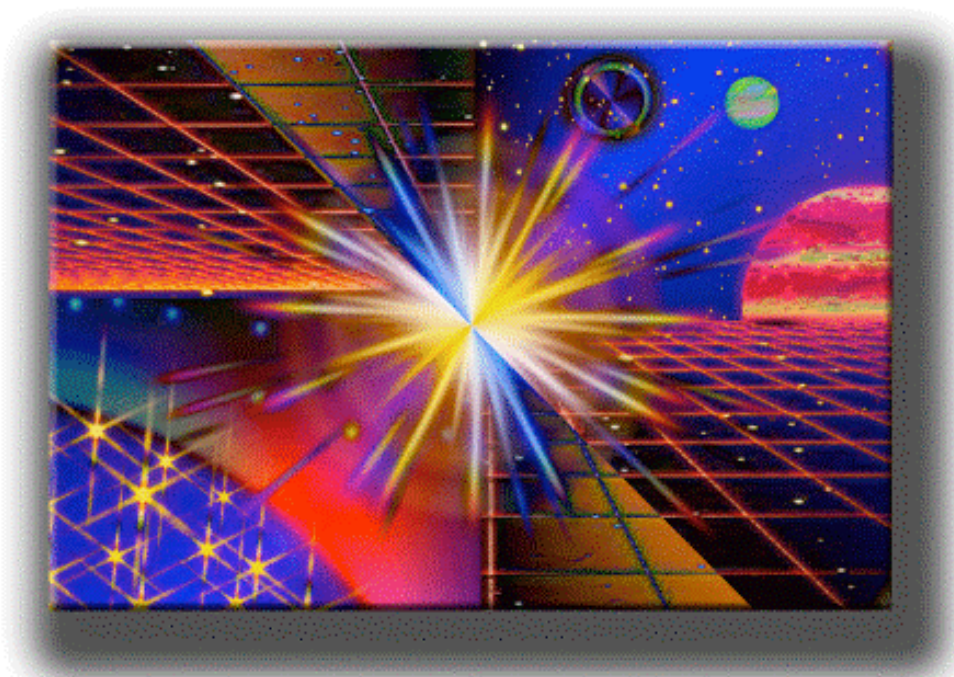
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Introduction and Directions to Lesson Module Course of Study for *Future Consciousness: The Path to Purposeful Evolution*

Included in this introduction is an outline and explanation of the organization of this **Lesson Module Course of Study**: Its content and diverse lesson offerings; Procedures for payment and registration for a lesson; The assignments and how the assignments are evaluated, and other essential information for the successful completion of any of the Lesson Modules. If you wish to take one or more Lesson Modules, read and make sure you understand this introduction and correctly follow the directions. If you have any questions, please email them to: tom@centerforfutureconsciousness.com.

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Course Description and Relevance of Lesson Modules:

How do our unique conscious minds reflect and amplify nature's vast and pervasive evolutionary process? The entire *Future Consciousness* course program of study reveals how through heightened future consciousness and wisdom we can flourish in the flow of purposeful evolution and create a good future for ourselves, human society, and the planet. Each Lesson Module provides specific ideas, relevant information, and constructive practices that contribute to this overall course of study.

Welcome to the Lesson Module Program of Study:

Although this course can be taken as a complete program of study—a discounted total cost with a prescribed sequence of lessons—the program of study can also be taken as a set of separate educational modules with an individual cost per lesson. In the **Module Program of Study** you can take as many or as few of the lessons as you wish, in whatever order you wish, with the following exceptions:

- The only strongly **recommended prerequisite**, if you decide to purchase and take the Lesson Modules separately, is that you read **Lesson One** (available for no cost online), read Chapter One in *Future Consciousness: The Path to Purposeful Evolution* (the only required reading source for any or all of the lessons in the program of study), and as a practice exercise without feedback complete the assignment in Lesson One. This will be very helpful in getting oriented to the overall philosophy and terminology of the course lessons.
- You **can not** take either of the final two Lessons (Lessons 17 and 18) unless you have taken at least **three** other Lessons (excluding Lesson One).

Also you can view the highly recommended introductory video at: <https://vimeo.com/240614437> to get an overall sense of the main ideas that are highlighted throughout the lessons and within the book.



List and Description of the Lesson Modules of Study

The lessons, which you can individually take, however many, in whatever order you wish (With the exceptions mentioned above), are identified below. To help provide guidance and additional information on which Lessons you might find most interesting or valuable, the Learning Objectives (which highlight key themes in the Lesson content) are included for each lesson.

1. **Wisdom and Creating a Good Future** (Free online)

- Explain the meaning of the question: “What is the good future and how do we create it?” Explain its relevance to everyday life and the normal flow of consciousness and behavior. Describe and assess answers to the question.

2. **Evolution as a Framework for Understanding Reality**

- Explain the *evolutionary theory* of nature and human reality and describe its applicability to human history and our own personal lives and streams of consciousness.
- Explain the concepts of *acceleration of evolution*, *evolution of evolution*, and *purposeful evolution* and illustrate their applicability to human reality.

3. **Human Evolution and Consciousness - Human Purposeful Evolution**

- (Continuation from Lesson Two) Explain the concepts of *acceleration of evolution*, *evolution of evolution*, and *purposeful evolution* and illustrate their applicability to human reality.

- Describe the future directional flow of consciousness.
4. **Reciprocity (and the Yin-Yang) as a Framework for Understanding Reality and Consciousness**
 - Explain and illustrate the concept of *reciprocity* (and the Yin-Yang), as it pertains to physical and bio-ecological reality and to human reality and human consciousness.
 5. **Theories of Well Being and the Good - Classical and Modern**
 - Explain, compare, and evaluate theories of human *well being* and the *good*, including classical, modern, and contemporary holistic theories, and apply and assess such theories relative to contemporary issues and challenges.
 6. **Flourishing through Virtue in the Flow of Purposeful Evolution**
 - Explain the *virtue theory* of ethics, well-being, and happiness.
 - Explain the concept of *flourishing in the flow of purposeful evolution* and apply this concept to describing and assessing both individual human lives and collective human reality. Identify the *qualities of flourishing* and assess your personal life and actions relative to these qualities.
 7. **Holistic Future Consciousness and the Character Virtues of Heightened Future Consciousness**
 - Explain the concepts of *holistic future consciousness* and *heightened future consciousness*, and identify and describe the *character virtues* of heightened future consciousness.
 - Assess one's level of future consciousness.
 8. **Self-Control and Self-Responsibility for the Future**
 - Explain the concepts of *self-creation*, *self-control*, and *self-responsibility* and apply these concepts to understanding our consciousness, our lives, and our potential futures. Explain the *freedom versus determinism* issue and its relevance to self-responsibility within our consciousness and behavior. Explain *self-efficacy* and *internal versus external locus of control* and personally assess your consciousness and behavior in terms of these concepts.
 - Explain the concept of *willpower* and identify ways to improve this capacity.
 9. **The Ecology of Future Consciousness: Social, Global, Natural, Technological, and Cosmic Trends**
 - Explain the theory of *affordances* of the environment.

- Describe and assess the personal and collective impact of key *social, natural-environmental, and technological* conditions and trends. Explain the concepts of the *wise cyborg, global-ecological consciousness, and cosmic consciousness*.
- Explain which character virtues of heightened future consciousness are relevant to the enhancement of the ecology of future consciousness. Assess your own level of development and identify ways to purposefully evolve these character virtues as they apply to this dimension of your future consciousness.

10. Emotions and the Future: Guiding Emotional Evolution - Hope, Wonder, Happiness, Love, Despair, and Fear

- Explain the importance and influence of *hope, fear, depression/despair, love, wonder/awe/astonishment, and happiness* in future consciousness. Explain purposeful *emotional evolution* and ways in which to facilitate it.
- Explain which character virtues of heightened future consciousness are applicable to the evolution of emotional consciousness. Assess your own level of development and identify ways to purposefully evolve.

11. Motivation: The importance of Self-Growth - Optimism and Pessimism - Approach versus Avoidance in Life

- Compare *growth/change and stability* theories of human motivation and preferable directions for human society. Compare and contrast *optimism, pessimism, and realism*. Explain *evolutionary optimism* and the *evolutionary imperative*. Describe and compare the *hope-courage-approach* and *fear-avoidance* motivational mindsets and their respective impacts on future consciousness.
- Explain which character virtues of heightened future consciousness are applicable to the evolution of motivational consciousness. Assess your own level of development and identify ways to purposefully evolve.

12. Key Elements of Purposeful Behavior toward the Future

- Describe the key principles of *decision-making, focus and flow, discipline and tenacity, and goal achievement*. Personally assess and apply these principles to your life. Identify the level and nature of *deep purpose* within your life.
- Explain which character virtues of heightened future consciousness are applicable to the evolution of purposeful behavior. Assess your own level of development and identify ways to purposefully evolve.

13. Learning, Memory, and Habit - The Value of Deep Learning

- Explain *active memory* and the connection of memory and future consciousness. Explain the relevance of *conditioning and habit* to future consciousness. Explain and personally apply the concepts and principles of *deep learning*, comparing deep versus surface learning.

- Explain which character virtues of heightened future consciousness are applicable to the evolution of learning, memory, and habit. Assess your own level of development and identify ways to purposefully evolve.

14. Consciousness and Understanding: The Psychology and Philosophy of Knowledge - Multiple Modes of Understanding - Views of Enlightenment and Wisdom - Controlling the Flow of Consciousness

- Describe the *perspectival*, *subjective*, and *selective* nature of consciousness and knowledge. Explain the nature of perceptual knowledge, conceptual frameworks, theories, paradigms, cognitive narratives, and world views.
- Explain the *ethics*, *psychology*, and *epistemology of knowledge and beliefs*, describing noteworthy historical theories.
- Explain the theory of *multiple modes of understanding*.
- Explain and assess Eastern and Western theories of *enlightenment* and *wisdom*. Explain the theory of the *Second (New) Enlightenment*. Apply such theories to your own level of conscious enlightenment and wisdom.
- Describe various theories and practices for *controlling consciousness*. Describe to what degrees and in what ways you apply such theories and practices to controlling your consciousness.
- Explain which character virtues of heightened future consciousness are applicable to the evolution of understanding, knowledge, and consciousness. Assess your own level of development and identify ways to purposefully evolve.

15. Thinking and Imagination: The Virtues of Critical Thinking - Thinking about and Imagining the Future

- Explain the nature of *thinking*. Explain the principles of *critical* and *reflective thinking*, citing key historical theories, and apply such principles to *thinking about the future*.
- Explain the nature of *imagination*. Explain the nature of *foresight*.
- Explain which character virtues of heightened future consciousness are applicable to the evolution of thinking and imagination, inclusive of planning and foresight. Assess your own level of development and identify ways to purposefully evolve.

16. Creativity and the Future

- Explain the principles of *creativity* as revealed through the interdisciplinary study of this capacity. Explain how creativity is connected with heightened future consciousness and wisdom.
- Explain which character virtues of heightened future consciousness are applicable to the evolution of creativity. Assess your own level of development and identify ways to purposefully evolve.

17. The Self: Ideal Personal and Grand Narratives of the Future

- Explain and compare different theories of the *human self* and the *preferable future evolution* of the self.
- Explain the connection of self-identity and psychological *narrative*. Explain the concepts of the *real* and *ideal future personal narrative* and the *real* and *ideal future grand narrative*. Describe and assess your own ideal future personal and grand narratives.
- Explain which character virtues of heightened future consciousness are applicable to the evolution of the self. Assess your own level of development and identify ways to purposefully evolve.

18. Wisdom - Assessing and Developing Wisdom - Living a Wisdom Narrative - Cosmic Evolutionary Consciousness

- Explain the evolutionary, future-focused, holistic theory of *wisdom*. Compare this theory with classical and contemporary views of wisdom.
- Demonstrate an understanding of the *value of wisdom* in creating a good future, as it pertains to: Happiness, well-being, and the good; personal development; human society; the purpose and the future of education; and the future of psychology, consciousness, and mind.
- *Assess your level of wisdom* in terms of the character virtues of heightened future consciousness and identify *practical ways to personally strengthen* these virtues and your overall wisdom.
- Explain and evaluate the concept of a future *Age of Wisdom* and compare this social vision with the theory of a Second (New) Enlightenment.
- Modeled on the ideals (character virtues) of wisdom, create (with sufficient rewrite) and connect your ideal future personal and grand narratives. Create personal and grand *wisdom narratives*.
- Explain the connection of your future *personal psychological evolution* and your life with the *evolution of humanity*, the *conscious mind*, and the *cosmos*.

Standard Outline for all the Lesson Modules

Each lesson consists of the following parts:

- **Introduction to Lesson:** A brief overview of the content of the lesson.
- **Lesson Objectives:** A list of what knowledge and abilities should be acquired and demonstrated for the successful completion of the lesson.
- **Outline of Topics in Lessons:** A study outline of the main topics and terms included in the lesson.
- **Required Readings and Educational Resources:** Required reading and video resources for the lesson.
- **Learning Activities and Assignments:** Required and optional learning activities and assignments for the lesson.
- **Supplemental Readings and Other Educational Resources:** Books, articles, videos, and websites.

Reading Assignments

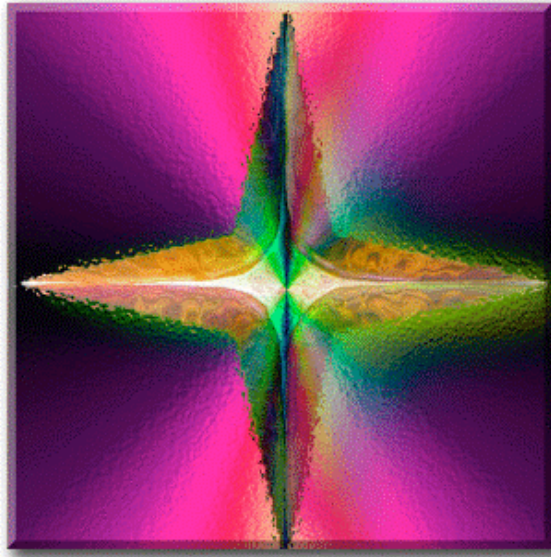
There is **one required reading resource** for the Lesson Modules:

Lombardo, Thomas (2017). *Future Consciousness: The Path to Purposeful Evolution*. Winchester, UK: Changemakers Books.

Specific chapter assignments from this book are identified within each lesson module.

If you wish to read an introduction and overview of many of the main themes in the above book, you can access the article “Future Consciousness: The Path to Purposeful Evolution - An Introduction” published in *World Future Review*, 2016, Vol. 8 (3), pp. 116-140. See http://www.centerforfutureconsciousness.com/pdf_files/2016%20Articles/Future%20Consciousness%20Article%20Complete%20FinalWFRcited.pdf

Please Note on Supplemental Resources for each Lesson: There is absolutely no expectation or requirement to read or view any of the listed supplemental resources for each lesson. These resources are included if you wish to expand your understanding of a lesson module, either while taking the lesson or after completing it. Your successful completion of a lesson does not depend upon additional knowledge gained through these resources. The **one required reading assignment** for a lesson—from the textbook—is sufficient to successfully complete the lesson. There are though also a couple of **required videos** included in some of the lessons.

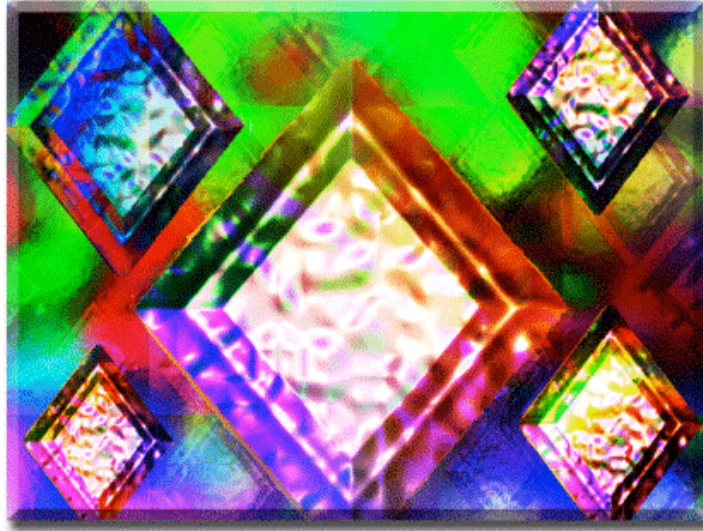


Evaluation of Assignments

Each submitted assignment is given an evaluation or score (with feedback for improvement) of basic certification (1), certification with distinction (2), or certification with highest distinction (3). Participants have the option of re-submitting an assignment to improve the evaluation score.

Evaluation Criteria for Required Assignments: Assignments are evaluated based on the following criteria:

- **Relevance:** Submitted answer directly addresses and focuses upon the assignment.
- **Writing:** Submitted answer demonstrates clear, organized, and grammatical writing.
- **Understanding:** Submitted answer demonstrates accurate, comprehensive, and integrative understanding of the subject matter.
- **Thinking:** Submitted answer demonstrates logical reasoning, critical thinking, and self-reflection.
- **Creativity:** Submitted answer demonstrates creative ideas that are clearly stated, show knowledge of the subject matter, and are relevant to the topic.
- **Personal Application:** When required by the assignment, submitted answer demonstrates a well-developed application of the course content to personal and professional life.

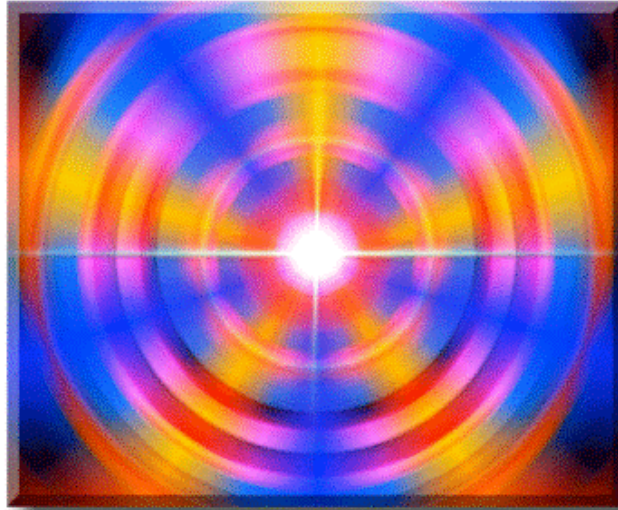


Registration and Payment for Lesson Modules:

- The cost for each lesson module is \$40.00 (US Dollars).
- Payment for each lesson module can be made through *PayPal* to the *Center for Future Consciousness*.
- Upon your payment for a lesson module, notify via email the *Center for Future Consciousness* at: tom@centerforfutureconsciousness.com that you have paid for the lesson module. Your payment will be verified and a receipt will be emailed to you. Identify which lesson module you wish to receive via email.
- You will receive an email with the lesson module attached as a pdf document and a statement that you are registered for the lesson.

Benefits in Paid Registration for Lesson Modules:

- You will receive a pdf copy of the Lesson Module.
- You will be able to ask questions and receive answers via email about the assigned reading in the book or the lesson.
- You will receive feedback on your submitted assignment, including specific ways to improve your submission. As an option, you will have the opportunity to speak on the phone getting feedback on your submission.
- In general, you will receive **personalized** guidance and help (within reasonable and realistic time constraints) in successfully understanding the information in the lesson, completing the assignment, and applying the information to your own purposeful evolution and self-development.
- Upon completing the Lesson Module you will receive a *Center for Future Consciousness* “**Certification Diploma**” stating that you have successfully mastered the content and skills for the specific Lesson Module of study.



Directions for Successfully Completing a Lesson Module

- Pay for the Lesson Module; email confirmation of your payment to: tom@centerforfutureconsciousness.com; receive verification of payment and registration and a pdf copy of the lesson you purchased.
- Read through again and make sure you understand this: **Introduction and Directions to Lesson Module Course of Study.**
- Purchase and obtain a copy of the book *Future Consciousness: The Path to Purposeful Evolution*.
- Read and study the lesson you have selected and purchased, read the primary reading assignment in the textbook *Future Consciousness* identified in the lesson, complete the optional learning activities (select which ones you want to do), and submit to your instructor at: tom@centerforfutureconsciousness.com the required assignment for the lesson.
- At any time throughout working on the lesson you can **contact your teacher via email at:** tom@centerforfutureconsciousness.com. You will be afforded the opportunity to have real time conferencing with your instructor.
- After finishing the required assignment and receiving an evaluation, confirm your successful completion of the lesson with your instructor.
- You will receive via email your “**Certification Diploma**” for completing the Lesson.